

Wellness for Families

► Solution Overview

Strengthen culture & build resilience through family support

A law enforcement career poses significant physical and mental wellness challenges. Although many agencies offer wellness programs and resources, these often lack a vital component: supporting the family.

Family members are uniquely positioned to observe and influence wellness. When families have the support they need, they are better equipped to support their loved ones and to navigate the unique challenges of being a law enforcement family.

Lexipol Wellness provides support for both personnel and their families with:

- An anonymous app providing 24/7 access to wellness resources for personnel and family
- Content developed by industry experts around topics that affect first responder families, such as navigating shift schedules, financial pressures, and helping children cope with fears about their parents' safety
- An exclusive family peer support line, offered in partnership with How 2 Love Our Cops
- A space for spouses to access agency resources directly

With family support through Lexipol Wellness, agencies can:



Enhance resilience through healthy relationships



Improve morale by valuing family



Build community by connecting families to one another



Strengthen trust by supporting well-being on and off duty